



U.S. Army Child, Youth
& School Services



CARLISLE BARRACKS YOUTH SPORTS

Registration: 245-3801/4555
Youth Sports Director x 4170

Sports registration must be accompanied by a current physical (less than one year).

Homeschool

Fitness

Mon, Wed & Fri
10:30 am—11:30 am
Cost: Free

One hour session meeting three times a week for school age children enrolled in home school to participate in physical activity and study health education.

Fall Soccer

Registration: July 12—August 13, 2010
Season: September 1—October 21, 2010
League Ages:
Pre-School (3-4 years)
Bantam League (K-2nd grade)
Elementary League (3rd-5th grades)
Middle School/Senior League (6th-12th grades)
Cost: \$40

Basketball

Registration: November 1—December 3, 2010
Season: January 5—March 19, 2011
League Ages
Bantam League (K-2nd grade)
Elementary League (3rd-5th grades)
Middle School/Senior League (6th—12th grades)
Cost: \$40

Spring Soccer

Registration: February 14-March 11, 2011
Season: April 5- May 12, 2011
League Ages
Pre-School (3-4 years old)
Bantam League (K-2nd grades)
Elementary League (3rd-5th grades)
Middle School/Senior League (6th-12th grades)
Cost \$40

T-Ball

Registration: Feb 28-March 18, 2011
Season: April 9-May 14, 2011
League Ages
Pre-School 3-6 years
Cost: \$25

Just Run

Nationally established award winning program designed to promote good habits and nutrition for children. Free. Youth ages 7 and up. Pre-registration and running shoes required. Tuesdays and Thursdays 4:00—5:30 pm.

Just Lift

Supervised instructional weight training for beginning and intermediate levels at Youth Services. Sports specific training available. Free. Youth ages 10 and up
Monday through Friday 3-5 pm,